

# POLIDOR //68

FOOD MENU - FROM 1PM

| NIBBLES   |       | SMALL PLATES   |      |
|---|-------|--|------|
| Chips with Rogan Josh sauce (ve)  | £4.5  | Soup du jour, sourdough and butter                                 | £4.0 |
| Fried gnocchi with harissa (v)  | £4.0  | Garlic sourdough (ve)  | £3.5 |
| Gordal olives (ve)  | £3.0  | Purple sprouting tenderstem broccoli with deep-fried hen's egg (v) | £5.0 |
| Padron peppers with toasted almonds (ve)                                    | £4.5  | Beetroot hummus and pine nuts with Sourdough (ve)                  | £4.0 |
| DELI BOARDS   |       | Wild mushroom arancini with vegan parmesan (ve)                    | £5.5 |
| French cheeses, quince, fruit, honey, sourdough, pecans and lime pickle (v) | £9.0  | Sautéed garlic and chilli king prawns, samphire and sourdough      | £8.0 |
| Baked Camembert with chilli honey granola and sourdough dipping stalks (v)  | £9.0  | Panko Korean chicken tenders, sesame seeds and sriracha sauce      | £7.0 |
| Cheeses and charcuterie/pate, piccalilli, quince and grained Dijon mustard  | £11.0 | Crispy fried squid, preserved lemon, sumac and lime pickle         | £6.0 |
| Harissa hummus, olives, arancini, artichoke hearts and sourdough (ve)       | £10.0 |  |      |

## BIG PLATES | MAINS

|   |        |
|---|--------|
| Lamb keema lasagne with flatbread and salad . . . . .   | £11.0  |
| Fish and chips with marrow fat peas . . . . .   | £12.0  |
| Roasted spatchcock chicken breast with harissa and mint tabbouleh . . . . .   | £13.0  |
| Tandoori hake with buttered braised leeks and sweet potato mash . . . . .   | £16.0  |
| Fillet steak Rossini with frites . . . . .  | £24.95 |
| Falafel and coriander burger with mango chutney, salad and pretzel bun (ve) . . . . .   | £9.0   |
| Pan fried sea bass, crab risotto with sea vegetables . . . . .  | £16.0  |
| Hand-held steak haché burger with Swiss cheese and pickles . . . . .  | £11.0  |
| Chicken thigh and chorizo burger, cheese, Rogan Josh sauce and pretzel bun . . . . .  | £10.0  |
| Grilled chicken salad, deep-fried hen's egg and avocado, baby gem, cherry tomato, red onion and grained Dijon vinaigrette . . . . . | £11.0  |
| Poke Bowl - Choose seared salmon, grilled chicken or plantain (ve) . . . . .  | £12.0  |
| with ginger and soy dressing served with sushi rice, avocado, cucumber, carrot, edamame and pickled red cabbage.                    |        |

| SIDES                                 |      | DESSERTS  |      |
|---------------------------------------|------|---|------|
| Sourdough bread basket                | £3.0 | Pistachio tiramisu with affogato                                      | £6.0 |
| Hand cut chips or fries               | £3.5 | Vanilla and lime cheesecake, passion fruit jelly with coconut crumble | £5.0 |
| Purple sprouting tender stem broccoli | £4.0 | Chocolate orange mousse   | £5.0 |
| Chef's salad                          | £5.0 |   |      |

|   |       |
|---|-------|
| To share- Hot salted caramel dip, Nutella chocolate dip, marshmallows, cinnamon doughnut balls and honeycomb ice cream. . . . . | £11.0 |
| Cheeseboard - gorgonzola, brie and gruyere with crostini, honey and piccalilli. . . . .   | £7.0  |

(v) - Vegetarian | (ve) - Vegan | Gluten free menu available | Please let your server know of any allergies.

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BREAKFAST MENU - TILL 1PM

## BREAKFAST

|   |       |
|---|-------|
| Porridge with prunes and maple syrup . . . . .  | £5.0  |
| Granola with Greek yoghurt, banana and red fruits . . . . .   | £5.0  |
| French toast with maple syrup, fruits and banana . . . . .  | £6.0  |
| Continental breakfast with croissant, pastry, toast and preserves . . . . .   | £6.0  |
| Full English breakfast - Egg, streaky bacon, sausage, beans, mushrooms, black pudding and grilled sourdough . . . . .           | £9.5  |
| Super sized breakfast- 2 fried eggs, streaky bacon, sausage, beans, mushrooms, black pudding and homemade hash browns . . . . . | £11.5 |
| Vegan breakfast - veggie Sausage, wild mushrooms, beans, sourdough and Padron peppers (ve) . . . . .                            | £8.5  |
| Big veggie breakfast - 2 eggs, beans, veggie sausage, wild mushrooms and fried gnocchi (v) . . . . .                            | £8.5  |

Add any extra item £1

|  |      |
|--|------|
| Wild mushrooms on toast (ve) . . . . .                                     | £6.0 |
| Heinz beans on wholemeal (ve) . . . . .                                    | £4.0 |
| Maple bacon sandwich and red sauce on grilled sourdough . . . . .          | £6.0 |
| Smoked Alaskan salmon, poached eggs, capers on grilled sourdough . . . . . | £9.0 |
| Avocado and poached eggs on grilled sourdough (v) . . . . .                | £7.0 |

## FLATBREADS | SANDWICHES

### FLATBREADS (From 1pm)

|   |      |
|---|------|
| Ham hock, harissa hummus, tomatoes, pomegranate, parmesan and rocket . . . . .                    | £8.0 |
| Halloumi, goats cheese, beetroot hummus, rocket, red onion and cherry vine tomatoes (v) . . . . . | £8.0 |
| Beetroot hummus, pomegranate, edamame beans, tabbouleh and cherry vine tomatoes (ve) . . . . .    | £6.5 |

### SANDWICHES (1pm-5pm)

|  |      |
|--|------|
| HLT open sandwich- grilled halloumi, avocado, harissa hummus, tomatoes and baby gem on sourdough (v) . . . . . | £7.5 |
| B(E)LT- bacon, over-easy eggs, lettuce and tomato with herb aioli on toasted sourdough. . . . .                | £7.5 |

## CHILDREN'S MENU

|   |      |
|---|------|
| Dipping eggs and soldiers. . . . .                    | £3.0 |
| Heinz beans on toasted sourdough . . . . .            | £3.0 |
| Fried egg and hand cut chips . . . . .                | £5.0 |
| Chicken tenders and hand cut chips . . . . .          | £6.0 |
| Vegetable crudités with beetroot hummus dip . . . . . | £3.0 |
| Ice cream . . . . .                                   | £3.0 |